

From: **Ed Palmer** edwardgpalmer@mplsvocational.com  
Subject: [List] Vocational Alum Newsletter - March 13, 2023  
Date: March 13, 2023 at 8:16 PM  
To: Edward Palmer edwardgpalmer@gmail.com



Greetings Edward,

Our picnic is now on for August 3, 2023.

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### AUGUST 3RD ALL-ALUMNI PICNIC SCHEDULED

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Set the first Thursday in August aside on your planner and schedule. Please plan to attend our NINTH ANNUAL all-alumni picnic. It will be held on August 3, 2023, at the Veteran's Shelter in Richfield, MN. Additional details are online at <http://www.mplsvocational.com/about/all-alumni-annual-picnic/next-alumni-picnic.html>. You can download a picnic flyer and RSVP at this link. Please consider using our RSVP form online to let us know how many will be coming with you. No emails or phone numbers are required on this form. Only your class year, name, and how many will be attending. The RSVP form is at <http://www.virtualapostle.net/cgi-bin/html/cgi/system/startup/RSVP.html>. Our online form has become a valuable tool in gauging the number of supplies we need for the picnic. Thank you for registering early and using our simple online form.

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### HOW TO GET RID OF THE SPIKE PROTEIN

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Unless you've been in seclusion for some time, you've undoubtedly heard about the vaccine spike protein endlessly circulating in some human bodies. Maybe you, a family member, a friend, or someone you know is concerned about the health effects of the covid spike protein. By now, you know I consume a lot of alternative health information. Last week I came across a nutraceutical formulation designed to help. A group of alternative doctors has gotten together to provide a solution. Cardiac and Kidney expert Dr. Peter McCullough is one of them. He states that Nattokinase, a fermented soy enzyme, is his go-to nutraceutical to kill off the covid spike protein. His alternative doctor organization is "The Wellness Company." It has formulated a product with this nutrient and several others to help people deal with the health issues associated with the spike protein not leaving the body. You will find their information at this link - <https://www.twc.health>. You will find the product designed to kill spike proteins at this link - <https://www.twc.health/collections/boost-your-immune-system/products/long-haul-formula>.

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### MY NEW CHRISTIAN BOOK HAS BEEN PUBLISHED

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I just published my newest book on Christianity. It is called "God and Understanding: A Spiritual Gift!" You can find it at [www.godandunderstanding.org](http://www.godandunderstanding.org). A sample chapter on the "about the author" page highlights my spiritual journey. I attended a Christian Charismatic Cult from 1992-1996. There, I witnessed the pastor steal the church through the illegal article and by-law changes. I have discussed this in other writings. In any case, it led to my ordination in 2000 and eventually to a writing ministry. The book discusses the gift of understanding Scripture. Jesus said no one comes to him except the Father draws them [John 6:44]. Or that the Father grants it to them [John 6:65]. He also stated that no one can know the Father unless the Son reveals him [Matthew 11:27]. The most controversial of Jesus' statements is John 8:40, where he states, "I

am a man (human male) who hears from God." Paul says no one comes to Jesus unless the Father grants him repentance. The book focuses on the teachings of Jesus, and it exposes hidden teachings not generally taught in churches. You'll find this book fascinating if you are into the Bible or Scripture. Enjoy

That's all for now. My following planned newsletter will come after our June 8 picnic planning meeting. Until then, be well, and,

May God Bless your continued health,

/Ed Palmer/

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